

## **Chopda Education Society's College of Education Chopda, Dist. Jalgaon**

Arunoday Colony, Old Shirpur Road, CHOPDA Dist. Jalgaon

(NAAC Accredited Grade-C)

Phone No.- 02586-220024 KBCNMU College Code- 140024NCTE Code-113021

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Recognised by N.C.T.E. New Delhi and Affiliated to Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon

Outward No.- Date:

### Matrix 3.3.4

Outreach activities in the community interns of influencing and sensitizing students to social issues and contribute to community development

- > Report of each outreach activity signed by the Principal
- > Relevant documentary evidence for the claim



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#### **\*** Awareness Programs and Meetings:

Students are involved in environmental protection, women's health, etc. public health awareness programs.

#### **❖** "Literacy/Education" service under community work:

Some students worked to educate the poor. The students worked to teach the children around the campus. The idea behind this is to reach and educate the broadest youth audience with the help of our students. This was not very effective during the epidemic, when children had problems with online learning and our students were teaching children to use new learning tools such ascellphones for learning.

#### **StreetPlay**

Street Play is part of the Indian tradition. The idea of the game is to present the social and political message and build the consensus of the masses in a completely different style.

#### **\*** Research on Social Issues:

In order to influence social change, it is important to hear the public's views on social issues. Forthis purpose, students participated in a competition and conducted an online survey to investigate their smoking habits.

#### **!** Importance of Food:

Plan to distribute food to poor children. Through the initiative of "Ghar ke Bhojan Mein Hai Poshan" students were taught proper nutrition.

#### **Environmental Awareness Program:**

College of Education Chopda organized community sessions to celebrate World Environment Day. The college organized various events toraise awareness about the importance of the environment in life. It has become the largest environmental consulting platform.

Every year year's Environment Day slogan is different just like "Better Environment, Better Tomorrow. Save the planet Earth. The institute tries to focus on sustainable life inharmony with nature. The institute celebrates Environment Day to bring students together and



work together to protect and improve the planet. The competition draws international, national and regional attention to the environmental problems of our time .Protecting our planet is our sole moral responsibility and the main purpose of these services.

#### **❖** Women'sLiteracy:

Women's education is important for the general development of the country. It is like a powerfulmedicine that knows how to heal and heal the sick. Well-educated women can manage theirpersonal and professional lives better. The physical and mental development of the child is thegoal of the integrity of education. The main purpose of education is to provide students with "complete knowledge" or "diversity of knowledge". The institute is preparing a Women's Employment Program. Educated women have the skills, knowledge and confidence to be good housewives, workers and citizens. Educated women also work better at work and earn better. In fact, thereturnon investment in education for women tends to begreater than formen.

#### **CommunityService:**

The importance of community service is often overlooked. It can affect our physical and mentalhealth and help people feel valued. The key to a healthy and happy life is to be grateful for whatyoudo. Itencouragespeople to volunteerordonate their timeto makethishappen.

Community service can also create purpose and value in life and help people realize that theirefforts have an impact on others. Making a donation to a charity or non-profit organization canhave a positive impact on society. Students can help raise awareness for a cause, promote social justice, strengthen bonds in your community, or improve your physical and mental health. Community service is important to people of all ages. Community service helps children identify their values, gain understanding, develop relationships, and learn about their communities. Volunteering can also open the door to manycareer opportunities after college. For someone to grow up, they have to quit their own life anddo something to help others. Community service gives people a sense of accomplishment and expands their knowledge in various fields by volunteering time and money. A person who wantsto growmust first understand theimportance of community service and then how to do it.

#### **GenderSensitivity:**

The first and most important aspect of gender sensitivity is being open to the thoughts andfeelings of a colleague of the opposite sex. This can be a simple way to understand all their personal issues and a better understanding of gender specifics such as offensive remarks or jokes. Asknowledge continues to grow and organizations are beginning to identify behavioral restriction s, the responsibility lies with the individual. More and more men and women are starting to work together in management positions, and teams will not work unless there is harmony and comfort.



### LIST OF OUTREACH PROGRAMMES

Year	Nameof theactivity	Natureof theactivity	Dates
	Community Service at Old age Ashram	Communityservice	17/8/2018
	Visit to Special School	InclusiveAwareness	20/9/2018
2018-2019	Experttalkonsexualharassment	SocialAwareness	8/8/2018
	InternationalYogaDay	Healthawareness	21/6/2018
	AIDS Awareness program	SocialAwareness	1/12/2018
	RallyonSafetyAwareness	SocialAwareness	11/9/2019
	Helpingdifferentlyable children's	InclusiveAwareness	3/10/2019
	ReachingtheunreachableStreetChildren	Communityservice	16/11/2019
2019-2020	WorldEnvironmental Day	Awareness Programme	5/6/2019
	Intentional Yogaday	Healthawareness	21/6/2019
	MaskMakingcompetition/NaiTalim	HealthAwareness	9/7/2019
	Food distribution to under privileged kids	Communityservice	14/9/2019
	CommunityServicein old age home	EnvironmentalAwareness	6/10/2019
2021-2022	InternationalYogaDayvirtualprogram	HealthAwareness	22/6/2019
	AIDSawarenessvirtualprogram	Awareness Programme	1/12/2019
0000 0000	CommunityServicein SpecialSchool	0 1 1 10	17/0/2022
2022-2023	InternationalYogaDay:	Social upliftment InclusiveAwareness	17/8/2022 21/6/2022
	Community Service in Old age home	Social awareness	22/10/2022
	Workshop on 'Stress management'	Awareness Programme	22/1/2023



### REPORTS OF OUTREACH PROGRAMMES

#### 2018-2019

### 1. Community Service at Assesibhavan old age home: 17thAugust 2018



Anath Ashram is an Old Age home where senior citizens just need our time and attention! There are over 25 seniors' citizens there. The college of education volunteers are planning to spend quality time with the senior citizens.

Community work is voluntary service provided by anyone to people who are less privileged orfortunate. **Chopda Education Society's College of Education Chopda**, engages the interns in community service, to become active members of their community and thus have alasting, positive impact on society at large. Community service or volunteerism enables studentstoacquirelifeskills andknowledge, as wellas provideservices to thosewho needit most.

InthetwoyearsB.Edcourse, we getthis opportunity twice—Semester 1 and Semester 3. We get divided into manageable groups, so that everyone gets a chance to do their fair bit. We carried out our community work in the following places:-

- 1. Vruddha Ashram
- 2. Anath Ashram
- 3. Mentally retard Bhavan



#### 4. Prerna Matimand School

Located at East and west, Chopda, this is a home for the old and neglected citizens of oursociety. This home canhouseup to 100 peopleand provides all the necessaryamenities including medical care.

**Activities done** – Most of our time was spent in cleaning the premises, since there was no one tolook into those matters. We swept floors, cleaned the dormitories, changed bed furnishings and curtains. We also interacted with the elders. On the last day, we gave them some essential commodities like food, to iletries, diapers etc. as required by them.

**Learning** – Time, the most precious commodity in today's world. We gave these abandonedpeople our time, and it gave us immense satisfaction. The saying rings true – 'Recognize thateveryinteractionyouhaveis anopportunitytomakeapositiveimpact onothers.'

#### 2. <u>Visit to Special School-Chopda</u>

### 26 September 2018



Situated in green lush fields of Chopda is the school for the mentally retarded and handicapped children 'Abhang Bhavan.' This school formerly called "Apang Seva" was started by in 1990. It runs a school and other welfare activities for these special children.

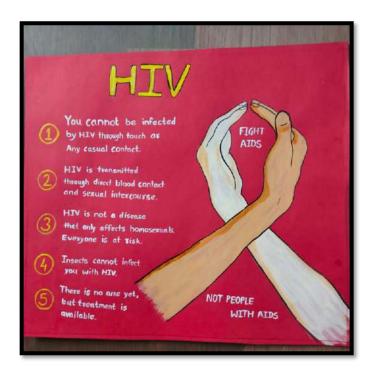


**Activities done**—We played games, cooked breakfast, helped in making paper bags and celebrated Christmas.

**Learning** – "The only disability in life is a bad attitude." These are words thatring true. The children at Ashram may be handicapped or have limitations, but their heartsarebrimmingwithlove—

purelovewhichtheywanttosharewithanyonewhospendsevenhalfadaywith them.

#### 3. AIDSAwarenessprogram1stDecember2018



A programme was carried out for creating awareness regarding the deadlyAIDS by the students of College of Education Chopda. The programme started in lecture hall on the first floor of college of education, Chopda. The preventive mechanisms to preventoccurrence of AIDS amongstudents and teacher was highlighted.



## 4. Expert talk on sexual harassment 8thMarch 2018





The college of Education Chopdatook effort to organize anexpert talk on sexual harassment against women in the main hall. The resource person for the session was Mr. Rajeesh Balan One of the causes for sexual harassment against women isignorance and lack of education among women.

It is defined as unwelcome behavior of a sexual nature that if allowed to continue could create aQUID PRO QUO and/or a Hostile Work Environment for the recipient. For example, unwelcomesexual comments, jokes, innuendoes. Actual or attempted rape or sexual assault. Unwantedpressure for sexual favors. Unwanted deliberate touching, leaning over, cornering, or pinching. Unwanted sexual looks or gestures. Unwanted letters, telephone calls, or materials of a sexualnature.



### 5. International Yoga Day: 21st June 2018



College of Education Chopda organized a Yoga session in the seminar Hall as part of the value added course. This Yoga session was conducted by Yoga expert Mr. Sanjay Deshmukh. It was a well-conceived and an enriching experience as this session included thorough practice of breathing exercises followed by the exercises of the joints in the body and mainly stability of the body. Meditation at the end of the session completed the physical and mental training of the body. It added value in student life and the students were further recommended to practice the process for at least 10 minutes every day for complete benefit tobodyand soul.



#### **2019-2020**

1. Rally on Ozone Day: 16thSeptember2019





A rally for Ozone Day was carried out using banners by the students of **college of Education at Chopda**. The purpose of the rally was to make students, local people aware about Ozone Layer. We can control the use of bikes, AC's, Cars etc. things that affects Ozone Layer because they released Carbon dioxide. The carbon dioxide affects the layer of Ozon that effect sunlight direct passes through earth that causes skin problem. The S.Y.B.Ed. students took the initiative to create awareness about ozone day and pollution in front of schools and colleges.

College of Education Chopda Dist.Jelgaon

### 2. Helping differently abled children as part of Community outreach

#### 3rdOctober2018



College of Education at Chopda took the initiative to visit Special School for the Mentally Handicapped). Under the leadership of Prof. M.P. Patil & other stalwarts of Chopda joined other NGOs in trying to reach out to a small portion of Mentally Challenged that needed to betaken careof.

The B.Ed. interns interacted with the students, helped them in their daily classes like writingpractice, art and craft, yoga and occupational therapy. We also took part in their Christmas partycelebration and gave the children a coloring book, crayons and chocolates. The students furtherhelped in a curriculum activity for Class 4 along with art and craft. We also assisted in the Girls Workshop helping them with puzzles, envelope making etc. and the Boys Workshop fortor an making. Learning from the Teaching is truly then oblest of all professions. We taught these innocent minds, helped them a little bit and made a slight difference to their lives.



#### 3. Reachingtheunreached-Street Children: 16th November 2019

The F.Y.B. Ed students of college of Education Chopda aid visit to School. This school aims at serving individuals and families in the poorest communities in the society. To work for the cause and care of disadvantaged individuals, families &society, Foundations Trusts works rigorously on the following missions that is, creating lasting solutions to poverty & hunger, Education to every individual everywhere, and empowering people affected by cancer or chronic disease and Clean supporting India (Swachh Bharat Abhiyan). Schoolbooks distribution forchildren, Dustbin & Broomdistribution forcleanliness was the activities which were undertaken the students. The B.Ed. interns conducted classes and took lessons of poor schoolchildren in the open. It was an experience to remember and the students were eager to visit theplaceand providetheirserviceagainin future.

#### 4. International Yoga Day: 21st June 2019

Yoga can help us to improve the quality of education, methods of teaching and morals ofteachers with a bright future of students. **The F.Y.B. Ed students of college of Education at Chopda** participated in the Yoga program with fullenthusiasm expecting teachers to become *Jnānyogi*as discussed in *Gitā* but teachers may involve themselves committed in teaching to build a bright future for their students. Teachers should impart knowledge in such a way that capabilityofthelearnerscanbe

brought out. One thing should be kept in mind that knowledge gained by a person regardingany area of life is a result of his efforts with creative cooperation of society either seen orunseen. Therefore, knowledge must be used for one's all-round development as well as betterment of society.





#### **2021-2022**

#### 1. MaskMakingcompetition: 9th July2021Nai Talim



#### The F.Y.B. Ed students of college of Education at Chopda

organized theMaskMakingCompetitionforBachelorofEducation(B.Ed.)studentswiththe aimoffosteringcreativity,promotingsafetypractices,andraisingawarenessaboutthe environmentamidsttheCOVID-19pandemic.Theeventtookplaceon[Date]andwasjointly organized by [Organizing Committee/Institution Name]. The competition provided an opportunityforparticipantstoshowcasetheirartistictalentswhileemphasizingtheimportance ofwearingmasksinpublicspacestopreventthespreadofinfections.TheMaskMaking CompetitionforB.Ed.studentssuccessfullyachieveditsgoalsofpromotingcreativity,safety practices,andenvironmentalawareness.Throughthisactivity,participantslearnedaboutthe importanceofwearingmasks,enhancedtheirartistictalents,andgainedvaluableinsightsinto thebroaderimplicationsofthepandemic.Thecompetitionnotonlyshowcasedthecreativityof thestudentsbutalsoinstilledinthemasenseofresponsibilitytowardspublichealthandthe environment,makingit a trulyenrichingandmeaningful experienceforallinvolved.



### 2. Fooddistributiontounderprivilegedkids: 14thSeptember2021



The "Food for Hope" food distribution activity served as a beacon of hope for underprivilegedkids, addressing their immediate needs while empowering them with a sense of dignity and inclusivity. The F.Y.B. Ed students of college of Education at Chopda organized the event not only provided nourishment but also served as a catalyst forfostering compassion, empathy, and community engagement. The experience of organizing andparticipating in this activity left profound impact on the organizers, volunteers, and communitymembers, inspiring them to continue their efforts increating a more compassion at eards upport rtive society. By coming together to tackle food insecurity, the "Food for Hope" initiativedemonstrated the potential of collective action in uplifting the lives of underprivileged childrenandinstillingasenseof hopeforabrighter future.



### 3. Community Service in old age home 6thOctober2021



The community service activity at an old age home took place in the month of September at Ashram. The primary goal of the activity was to bring joy, companionship, And support to the elderly residents of the home. Volunteers engaged in various activities such as spending time with the elderly, playing games, and sharing stories.

The activity aimed to create a sense of belonging and enhance the well-being of the elderly while fostering empathy and understanding among the volunteers.

### 4. International Yoga Day virtual program 22nd.June2021

The virtual program on International Yoga Day for B.Ed. students was held on 22/6/2021, organizedby college of Education Chopda. The primary goal of the activity was to promotephysical and mental well-being among the participants through yoga and mindfulness practices. The program included virtual yoga sessions, guided meditation, and informative talks on thebenefitsofyogaineducation. B.Ed. students learned various yoga techniques, breathing exercises, and relaxation methods, equipping them with tools to manage stress and cultivate ahealthier lifestyle. The activity fostered a deeper understanding of the connection between yoga, education, and overall personal development.



### 5. AIDS awareness virtual program 1stDecember2021



The AIDS awareness virtual program for B.Ed.Studentswasorganizedon1st of December With the objective of raising awareness about HIV/AIDS and promoting preventive measures amongfutureeducators. The program feature dinformative presentations, expert talks, and Interactive discussions on the global impact of HIV/AIDS and its implications in educational settings. B.Ed. students learned about the importance of inclusive and non-discriminatory Teaching practices for students affected by HIV/AIDS. The activity aimed to equip them with Knowledge and empathy to address AIDS-related issues sensitively and to become advocates for HIV prevention and support. Through this program, the participants gained insights into their Role in creating a stigma-free and compassionate society.



#### 2022-2023

### 1. Community Service in Special School Apanga School 17thAugust 2022

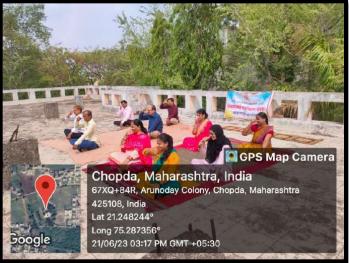


The community service activity at School, a special school in Chopda, was organized by BED students on 17/8/2022. The goal of the activity was to engage with and support children withspecial needs in their educational journey. BED students volunteeredtheir time and skills toassist teachers, conduct inclusive activities, and provide individualized attention to the students. Through this experience, participants learned about the unique challenges faced by children withspecial needs and gained a deeper appreciation for inclusive education. The activity aimed to promote empathy, foster a sense of responsibility, and inspire BED students to become compassionate and inclusive educators in the future.



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The activity aimed to create a sense of belonging and enhance the well-being of the elderly while fostering empathy and understanding among the volunteers.

### 4. Seminar on 'Elimination of violence against women on International Women's Day: 8thMarch 2022

The objective of Women's Day is to express love and gratitude towards women's contribution toour lives and society. It honors the power and struggles of women who have broken all barriers and reached the pinnacle of success in every sphere of life. Today, women across the globe actively participate in politics, education, social work, corporate, sports, IT, research & development, innovation and diverse fields, and have left their footprints.

At College of Education Chopda the day was celebrated on 8<sup>th</sup> March 2022. Various activities were conducted as a partof this event. Dress code for this event was green, purple and white. The event was started by aninspirational speech followed by a skit on how women were forced to stay behind. Another interesting activity was describing women at every phase of her life in different Indian languages. A dance performance was also done on problems faced by a woman in her day-to-daylife. After the various activities one of the games was played that is identifying the childhoodphotos of all the female teachers and students. Another game was randomly picking up chits anddescribing that particular person in 2 to 3 lines. Thus the event was really very enthusiastic andoverwhelming for all of us. Teachers and Principal took a photo holding the selfie card ofbalance forbetter. Balance for better was the tag line for the women's day celebration.









#### **2022-2023**

### 1. Pada cleaning activity:

#### 8thFebruary 2022



A pada cleaning initiative at Akulkheda Village was organized for B.Ed students to promote responsibility, civic engagement, and environmental consciousness. The event aimed to developleadership, teamwork skills, and understanding of waste management, recycling, and publicspaces. Students also learned about community collaboration and the importance of addressing local issues. The event encouraged students to become proactive change agents in their future roles as educators, emphasizing the importance of cleanliness, environmental responsibility, and community engagement in nurturing socially responsible citizens. The students realized that even small efforts, like cleaning a local "pada," can have a positive impact on the community's well-being.



#### 2. EcoBrick Making Programme:

#### 23thMarch2022







The primary objective of the workshop was to raise awareness about environmental issues, particularly plastic pollution, and its impact on ecosystems, wild life, and human health. College of Education at Chopda undertook this endeavor by engaging in pada cleaning. Participants witnessed firsthand the consequences of littering and learned about the importance of keeping public spaces clean. The eco-making workshop conducted by B.Ed. students successfully achieved its goals of promoting environmental awareness, responsible waste management, and creative problem-solving through pada cleaning and plastic upcycling. The event served as an impactful platform to in spire environmental consciousness and encourage positive change within the community. By empowering the participants with knowledge and hands-on experience, the workshop created

Chopda Dist Jalgaon

to become active agents of change in safeguarding the environment for future generations.

#### 2. Storytelling and Role Play on Water

conservation:11thApril 2022





College of Education at Chopda organized 'Storytelling and Role Play on Water conservation. 'The main objective of the activity was to raise awareness about the scarcity of water resources and the environmental challenges posed by waterwastage. Through storytelling, the B.Ed. students aimed to illustrate the interconnected ness of water with various aspects of life and the environment, fostering a sense of responsibility towards water conservation. The storytelling and role play activity conducted by B.Ed. students proved to be a successful and engaging approach to teach conservation. By employing creative methods, the students effectively achieved the goals of raising environmental awareness, inspiring behavioral change, transferring knowledge, empowering participants, and fostering community engagement. Through this interactive learning experience, the participants gained a deeper understanding of the significance of water conservation and emerged as motivated advocates for sustainable water practices in their homes and communities.

The activity not only contributed to the students' professional development but also had a positive impact on creating a more water-conscious and environmentally responsible society.

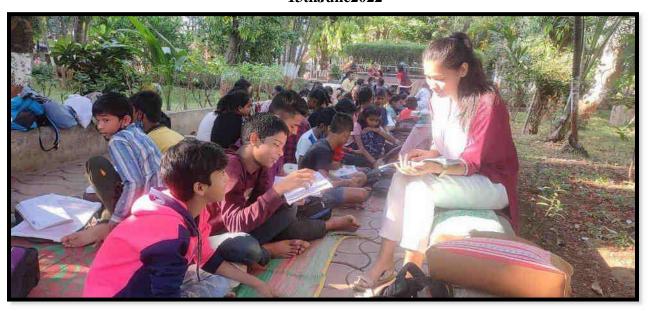
### 3. Visit to old age home: 5th March 2022



Emotional care to the elderly. The activity aimed to create a sense of belonging and enhance the well-being of the elderly while fostering empathy and understanding among the volunteers.



### 4. Communicative English program 13thJune2022



The communicative English program conducted at Pratap Vidya Mandir for B.Ed. students was aimed at enhancing their language proficiency and communication skills. The primary goal of the activity was to equip future educators with the ability to effectively communicate with diverse learners and foster an inclusive learning environment. Through interactive sessions, language games, and practical exercises, students learned to express themselves confidently and articulate their thoughts clearly. The program at Prayas NGO in stilled a sense of cultural sensitivity and appreciation for diverse communication styles, empowering B.Ed. students to bridge language barriers and create a more engaging and inclusive learning experience for their future students.





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Outward No.- Date:

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Relevant documentary evidence for the claim

## 1. Community Service at Assesibhavan old age home: 17thAugust 2017

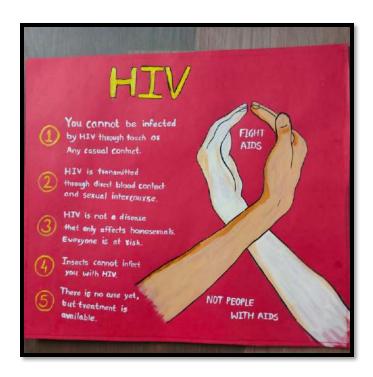


Visit to Special School-Chopda

26 September 2018



### AIDS Awareness program 1st December 2018



## Expert talk on sexual harassment 8thMarch 2018







## International Yoga Day: 21st June 2018





### **2019-2020**

### Rally on Ozone Day: 16<sup>th</sup>September2019







### Helping differently abled children as part of Community outreach 3<sup>rd</sup>October2018





### International Yoga Day: 21st June 2019



### <u>2021-2022</u>

Mask Making Competition: 9th July2021





### Food distribution to under privileged kids:

### 14thSeptember2021



### Community Service in old age home

### 6thOctober2021



## AIDS awareness virtual program 1stDecember 2021





### **2022-2023**

## Community Service in Special School Apanga School 17thAugust 2022



### **International Yoga Day: 21st June2023**





Community Service in Old age home: 22October2022





# Seminar on 'Elimination of violence against women on International Women's Day: 8thMarch 2022







### **2022-2023**

Pada cleaning activity: 8thFebruary 2022



**Eco Brick Making Programme:** 

23thMarch2022









## Storytelling and Role Play on Water conservation:11thApril 2022







### Visit to old age home: 5<sup>th</sup> March 2022





### **Communicative English program**

### 13<sup>th</sup> June2022



